



NCOIL 2009 SPRING MEETING
WASHINGTON, D.C.
SPOUSAL/GUEST TOUR
February 28, 2009



We have a great tour planned for Saturday at the NCOIL Spring Meeting in Washington. Join us for a fun day as we explore George Washington's world at Mt. Vernon in Alexandria, Virginia.

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Saturday – February 28 - Travel to Mt. Vernon - Tour & Lunch

Meet Sandy Feldman in the lobby of the Hyatt Regency, Capitol Hill at 8:45 a.m. on Saturday for a bus trip to Mt. Vernon. We'll enjoy a 4 hour visit to Mount Vernon; the most popular historic estate in America. It is just 16 miles south of Washington, D.C. and 8 miles south of Old Town Alexandria, Virginia, on the banks of the Potomac River.

The tour will be at your leisure, so you may spend as much time in the Mansion, gardens, etc. as you wish. Onsite docents will be available to answer questions and provide information about the Mansion, gardens, and outbuildings, including the slave quarters, kitchen, stables, and greenhouse. There are four different gardens and George Washington's Pioneer Farmer site; a four-acre working farm with a recreation of Washington's 16-sided trading barn. We'll also see the tomb of George and Martha Washington, where wreath laying ceremonies are held daily. The Slave Memorial and Burial Ground are also nearby. We will meet for lunch at 1:00 p.m.

History: George Washington inherited Mt. Vernon from his brother Lawrence. After his service in the Revolutionary War, Washington returned to Mount Vernon and spent a great deal of effort improving the landscaping of the estate. During his two terms as President of the United States (1789-1797) Washington spent 434 days in residence at Mount Vernon. After his presidency, Washington tended to repairing the buildings, and expanding the gardens. Various crops were grown on the plantation, and Washington took a special interest in growing hemp. One of Washington's most successful ventures at Mt. Vernon was the establishment of a distillery. For a brief time, he was one of the new nation's largest distillers of whiskey.

Cost per person - \$77.00 - includes transportation, admission fee, lunch, tax and gratuity.
Total travel/tour - approx. 6 hrs. We should be back at our hotel around 3 p.m.

You'll want to dress comfortably and wear good walking shoes. (Lunch menu on reverse.)

 Please register by February 10, 2009 so that we will not have to cancel:

Saturday, February 28, 2009 Number in party ____

Name: _____

Address: _____

City, State, Zip: _____

Telephone: _____

E-Mail: _____

*Please make your checks payable to:

Sandy Feldman
9139 Boulevard 26
Suite 540-235
N. Richland Hills, TX 96180

No refunds on day of event unless tour is cancelled due to inclement weather.

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Mt. Vernon Lunch Menu

A two-course meal includes apple, cherry or pecan pie, non-alcoholic beverage and choice of the following entrees:

Colonial Beef Pye

A hearty Crock of Beef and Vegetables topped with a Homemade Biscuit

Colonial Turkey Pye

A hearty crock of Turkey and Vegetables topped with a Homemade Biscuit

Valley Forge Soup and Sandwich

A steaming mug of Homemade Soup accompanied by half a Ham and Swiss Cheese Sandwich on Rye Bread

Turkey and Bacon Caesar Salad

Crisp Romaine Lettuce tossed with cubed Roast Turkey Breast, chopped Bacon and Caesar Dressing topped with Fresh Parmesan Cheese and Croutons

Broccoli and Cheddar Quiche

Served with fresh Fruit

Vegetarian Pasta Marinara

Roasted Fresh Vegetables served with Marinara Sauce