

Comments of the Council for Affordable Health Insurance (CAHI)

NATIONAL CONFERENCE OF INSURANCE LEGISLATORS (NCOIL)
Proposed Draft Model – Healthcare Balance Billing Disclosure

STAFF NOTE

Alternative and supplemental language in boxes below comes from Louisiana Rev. Stat., § 22:1879. All other language was enacted in Texas under 2007 S.B. 1731.

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Section 1. Purpose

Section 2. Summary

Section 3. Definitions¹

- A. "Balance billing" means the practice of charging an enrollee in a health benefit plan that uses a provider network to recover from the enrollee the balance of a non-network health care provider's fee for service received by the enrollee from the health care provider that is not fully reimbursed by the enrollee's health benefit plan, provided that such charges shall not include applicable deductibles, co-payments, coinsurance or other cost sharing amounts provided for in the health benefit plan.
- B. "Enrollee" means an individual who is eligible to receive health care services through a health benefit plan.
- C. "Facility-based ~~health care practitioner~~physician" means a physician or other health care provider, including a radiologist, an anesthesiologist, a pathologist, an emergency department physician, or a neonatologist:
1. to whom the facility has granted clinical privileges; and
 2. who provides services to patients of the facility under those clinical privileges.
- D. "Health care facility" means a hospital, emergency clinic, outpatient clinic, birthing center, ambulatory surgical center, or other facility providing health care services.
- E. "Health care practitioner" means an individual who is licensed to provide and provides health care services.

F. "Provider network" means a health benefit plan under which health care services are provided to enrollees through contracts with health care ~~practitioner~~~~providers~~ and that requires those enrollees to use health care providers participating in the plan and procedures covered by the plan. The term includes a network operated by:

1. a health maintenance organization;
2. a preferred provider benefit plan issuer; or
3. another entity that issues a health benefit plan, including an insurance company.

Section 4. Applicability²

A. This Act applies to any health benefit plan that:

1. provides benefits for medical or surgical expenses incurred as a result of a health condition, accident, or sickness, including an individual, group, blanket, or franchise insurance policy or insurance agreement, a group hospital service contract, or an individual or group evidence of coverage that is offered by:
 - (a) an insurance company;
 - (b) a group hospital service corporation operating under *[Insert Applicable State Statute]*;
 - (c) a fraternal benefit society operating under *[Insert Applicable State Statute]*;
 - (d) a stipulated premium company operating under *[Insert Applicable State Statute]*;
 - (e) a health maintenance organization operating under *[Insert Applicable State Statute]*;
 - (f) a multiple employer welfare arrangement that holds a certificate of authority under *[Insert Applicable State Statute]*;
 - (g) an approved nonprofit health corporation that holds a certificate of authority under *[Insert Applicable State Statute]*; or
 - (h) an entity not authorized under this code or another insurance law of this state that contracts directly for health care services on a risk-sharing basis, including a capitation basis; or
2. provides health and accident coverage through a risk pool created under *[Insert Applicable State Statute]*.

B. This Act applies to a person to whom a health benefit plan contracts to:

1. process or pay claims;
2. obtain the services of ~~physician~~~~health care practitioner~~ or other providers to provide health care services to enrollees; or
3. issue verifications or preauthorizations.

C. This Act does not apply to:

1. Medicaid managed care programs operated under *[Insert Applicable State Statute]*;
2. Medicaid programs operated under *[Insert Applicable State Statute]*; or
3. the state child health plan operated under *[Insert Applicable State Statute]*.

Section 5. Facility Disclosure³

A. Each health care facility shall develop, implement, and enforce written policies for the billing of facility health care services and supplies. The policies must address:

1. the providing of a conspicuous written disclosure to a consumer at the time the consumer is first admitted to the facility or first receives services at the facility that:
 - (a) provides confirmation whether the facility is a participating provider under the consumer's third-party payor coverage on the date services are to be rendered based on the information received from the consumer at the time the confirmation is provided;
 - (b) informs consumers that a facility-based ~~health care practitioner~~ physician who may provide services to the consumer while the consumer is in the facility may not be a participating provider with the same third-party payors as the facility;
 - (c) informs consumers that the consumer may receive a bill for medical services from a facility-based ~~physician~~ health care practitioner for the amount unpaid by the consumer's health benefit plan;
 - (d) informs consumers that the consumer may request a listing of facility-based ~~physician~~ health care practitioners who have been granted medical staff privileges to provide medical services at the facility; and
 - (e) informs consumers that the consumer may request information from a facility-based ~~physician~~ health care practitioner on whether the ~~physician~~ health care practitioner has a contract with the consumer's health benefit plan and under what circumstances the consumer may be responsible for payment of any amounts not paid by the consumer's health benefit plan;
2. the requirement that a facility provide a list, on request, to a consumer to be admitted to, or who is expected to receive services from, the facility, that contains the name and contact information for each facility-based ~~physician~~ health care practitioner or facility-based ~~physician~~ health care practitioner group that has been granted medical staff privileges to provide medical services at the facility; and
3. ~~3.~~ if the facility operates a website that includes a listing of ~~physician~~ health care practitioners who have been granted medical staff privileges to provide medical services at the facility, the posting on the facility's website of a list that contains the name and contact information for each facility-based ~~physician~~ health care practitioner or facility-based ~~physician~~ health care practitioner group that has been granted medical staff privileges to provide medical services at the facility and the updating of the list in any calendar quarter in which there are any changes to the list.

B. Each in-network health care facility shall require an out-of-network, facility-based health care practitioner to provide an enrollee, at least five (5) business days prior to a scheduled, non-emergency health care procedure(s):

1. A written good faith estimate of the health care practitioner's reasonably anticipated charges for the enrollee's scheduled, non-emergency health care procedure(s);
2. A written statement of the health care practitioner's billing policies and practices, including whether the practitioner has a policy of balance billing enrollees for substantially similar health care services; and
3. If applicable, whether the health care practitioner charges interest on unpaid balance billing balances, including the annual percentage rate charged.

SUPPLEMENTAL LOUISIANA LANGUAGE

B. No later than March 31, 2010, or within thirty days of the effective date of a new contract, each hospital or ambulatory surgical center, hereinafter referred to as "facility" or "contracted facility" for purposes of this Section, shall provide to each health insurance issuer or preferred provider organization with which it contracts, the National Provider Identifier (NPI) as set forth in 45 CFR §162.402 et. seq., name, business address, and business telephone number of each individual or group of anesthesiologists, pathologists, radiologists, emergency medicine physicians, and neonatologists who provide services at that facility. Thereafter, the facility shall notify each health insurance issuer of any changes to the information as soon as possible but not later than thirty days following any change.⁴

C. The disclosures required by Subsection 5(B) 1-3, above, shall be provided to the enrollee no later than five (5) business days prior to the delivery of the enrollee's scheduled, non-emergency health care procedure(s).

D. Each in-network health care facility shall obtain the enrollee's signature, acknowledging receipt of the disclosures required by Subsection 5(B) prior to the delivery of the health care practitioner's scheduled, non-emergency health care procedure(s).

Section 6. Facility-Based Health Care Practitioner ~~Physician~~ Disclosure⁵

A. If a facility-based health care practitioner~~physician~~ bills a patient who is covered by a health benefit plan described in Section 4 that does not have a contract with the facility-based ~~physician~~health care practitioner, the facility-based ~~physician~~health care practitioner shall send a billing statement that:

1. contains an itemized listing of the services and supplies provided along with the dates the services and supplies were provided;
2. contains a conspicuous, plain-language explanation that:
 - (a) the facility-based ~~physician~~health care practitioner is not within the health plan provider network; and
 - (b) the health benefit plan has paid a rate, as determined by the health benefit plan, which is below the facility-based ~~physician~~health care practitioner billed amount;
3. contains a telephone number to call to discuss the statement, provide an explanation of any

acronyms, abbreviations, and numbers used on the statement, or discuss any payment issues;

4. contains a statement that the patient may call to discuss alternative payment arrangements;
 5. contains a notice that the patient may file complaints with the *[Insert State Medical Board]* and includes the *[Insert State Medical Board]* mailing address and complaint telephone number; and
 6. for billing statements that total an amount greater than \$200, over any applicable copayments or deductibles, states, in plain language, that if the patient finalizes a payment plan agreement within 45 days of receiving the first billing statement and substantially complies with the agreement, the facility-based physicianhealth care practitioner may not furnish adverse information to a consumer reporting agency regarding an amount owed by the patient for the receipt of medical treatment.
- B. A patient may be considered by the facility-based physicianhealth care practitioner to be out of substantial compliance with the payment plan agreement if payments are not made in compliance with the agreement for a period of 90 days.
- C. A facility-based physicianhealth care practitioner who bills a patient covered by a preferred provider benefit plan or a health benefit plan under *[Insert Applicable State Law]* that does not have a contract with the facility-based physicianhealth care practitioner shall send a billing statement to the patient with information sufficient to notify the patient of the mandatory mediation process available under *[Insert Applicable State Law]* if the amount for which the enrollee is responsible, after copayments, deductibles, and coinsurance, including the amount unpaid by the administrator or insurer, is greater than \$1,000.

SUPPLEMENTAL LOUISIANA LANGUAGE

- D. No later than *[Insert Date]*, or within thirty days of the effective date of a new contract, each individual or group of anesthesiologists, pathologists, radiologists, emergency medicine physicians, and neonatologists who provide services at a contracted facility shall provide the health insurance issuer with which it is contracted, the NPI, name, business address, and business telephone number of each group or individual so contracted. Thereafter, the group or individual so contracted shall notify each health insurance issuer of any changes to the information as soon as possible but not later than thirty days following any change.⁶

Section 7. Health Benefit Plan Disclosure⁷

- A. Each health benefit plan that provides health care through a provider network shall provide notice to its enrollees that:
1. a facility-based physicianhealth care practitioner or other health care practitioner may not be included in the health benefit plan's provider network; and
 2. a health care practitioner described by Section 7A(1) may balance bill the enrollee for amounts not paid by the health benefit plan.
- B. 1. The health benefit plan shall provide the disclosure in writing to each enrollee:
- (a) in any materials sent to the enrollee in conjunction with issuance or renewal of the plan's insurance policy or evidence of coverage;

(b) in an explanation of payment summary provided to ~~the the~~ enrollee related to a claim for network facility-based services or supplies provided by an out-of-network provider; or in any other analogous document that describes the enrollee's benefits under the plan; and

(c) conspicuously displayed, on any health benefit plan website that an enrollee is reasonably expected to access.

2. The commissioner by rule ~~shall~~may prescribe specific requirements for the disclosure required under B(1). The form of the disclosure must be substantially as follows:⁸

NOTICE: "ALTHOUGH HEALTH CARE SERVICES MAY BE ~~OR HAVE BEEN~~ PROVIDED TO YOU AT A ~~HEALTH CARE~~ FACILITY THAT IS A MEMBER OF THE PROVIDER NETWORK USED BY YOUR HEALTH BENEFIT PLAN, ~~OTHER PROFESSIONAL SERVICES MAY BE OR HAVE BEEN PROVIDED AT OR THROUGH THE FACILITY BY PHYSICIANS AND OTHER HEALTH CARE PRACTITIONERS WHO ARE NOT MEMBERS OF THAT NETWORK.~~ YOU MAY BE RESPONSIBLE FOR PAYMENT OF ALL OR PART OF THE FEES FOR ~~THOSE~~ PROFESSIONAL SERVICES PROVIDED BY HEALTH CARE PRACTITIONERS WHO ARE NOT MEMBERS OF THAT NETWORK THAT ARE NOT PAID OR COVERED BY YOUR HEALTH BENEFIT PLAN."

~~C. A health benefit plan must clearly identify any health care facilities within the provider network in which facility-based physicians do not participate in the health benefit plan's provider network. Health care facilities identified under this subsection must be identified in a separate and conspicuous manner in any provider network directory or website directory.~~

~~-OR-~~

ALTERNATIVE LOUISIANA LANGUAGE

~~C.⁹ 1. Based on information received pursuant to Sections 5(B) and 6(D) of this Act, a health insurance issuer shall report on its website, no later than [Insert Date], in a format that is clear and easy for its enrollees to understand, the following information arranged by contracted facility:~~

~~(a) Facility name, address, and phone number.~~

~~(b) The names, business addresses, and business telephone numbers of each individual or group of anesthesiologists, pathologists, radiologists, emergency medicine physicians, and neonatologists who provide services at that facility and who are contracted with the health insurance issuer.~~

~~2. For each specialty at each contracted facility, there shall be a clear indication when the health insurance issuer has no contract in place with any of the individuals or groups of anesthesiologists, pathologists, radiologists, emergency medicine physicians, and neonatologists who provide services at that contracted facility.~~

~~3. A health insurance issuer shall update its website as soon as possible but not later than thirty days following receipt of any updated information or within thirty days of the effective date of a contract.~~

~~D. No later than [Insert Date], a health insurance issuer shall provide a link to its website containing the information described in Subsection 7(C) of this Act to the Department of Insurance. No later than~~

~~[Insert Date], the Department of Insurance shall make available on its website, the links received from health insurance issuers.~~

- E. Along with any explanation of benefits sent to an enrollee that contains a remark code indicating a payment made to a non-network ~~physician~~ health care practitioner has been paid at the health benefit plan's allowable or usual and customary amount, a health benefit plan must also include the number for the department's consumer protection division for complaints regarding payment.
- F. A ~~health~~ health benefit plan shall provide to an ~~insured~~ enrollee on request information on:¹⁰
1. whether a ~~health care practitioner~~ physician or other health care provider is a participating provider in the insurer's preferred provider network;
 2. whether proposed health care services are covered by the health ~~benefit plan~~ insurance policy;
 3. what the ~~enrollee~~ insured's personal responsibility will be for payment of applicable copayment or deductible amounts; and
 4. if applicable, coinsurance amounts owed based on the provider's contracted rate for in-network services or the insurer's usual and customary reimbursement rate for out-of-network services.
- G. A health benefit plan that must comply with this Act under Section 4 shall, on the request of an enrollee, provide an estimate of payments that will be made for any health care service or supply and shall also specify any deductibles, copayments, coinsurance, or other amounts for which the enrollee is responsible. The estimate of payments referenced above shall in no way be considered or interpreted as a guarantee of either actual payment or the specific amount of actual payment for any health care service or supply. Health benefit plans may ultimately decline payments for any and all non-covered services or payments for health care practitioner or facility charges that exceed contracted rates for in-network services, or allowed or usual and customary rates for out-of-network services. The estimate must be provided not later than the 10th business day after the date on which the estimate was requested. A health benefit plan must advise the enrollee that:
1. the actual payment and charges for the services or supplies will vary based upon the enrollee's actual medical condition and other factors associated with performance of medical services; ~~and~~
 2. ~~2.~~ the enrollee may be personally liable for the payment of services or supplies based upon the enrollee's health benefit plan coverage; and-
 3. the estimate shall remain valid for a period of no longer than 60 days after the date it is sent to the enrollee.

Section 8. Penalties¹¹

- A. The commissioner may take disciplinary action against a licensee that violates this Act, in accordance with *[Insert Applicable State Statute]*.
- B. A violation of this Act by a facility-based ~~physician~~ health care practitioner is grounds for disciplinary action and imposition of an administrative penalty by the *[Insert State Medical Board]*.
- C. The *[Insert State Medical Board]* shall:

1. notify a facility-based physicianhealth care practitioner of a finding by the *[Insert State Medical Board]* that the facility-based physicianhealth care practitioner is violating or has violated this Act or a rule adopted under this Act; and
2. provide the facility-based physicianhealth care practitioner with an opportunity to correct the violation without penalty or reprimand.

D. A facility-based, out-of-network health care practitioner who violates the disclosure provisions provided in Subsection 5(B), above, shall be prohibited from balance billing the enrollee to whom the practitioner has provided health care services.

E. A violation of this Act by a health care facility is grounds for disciplinary action and imposition of an administrative penalty by the *[insert state health care facility regulator]*.

SUPPLEMENTAL LOUISIANA LANGUAGE

- D¹². Except as otherwise provided in Subsection G of this Section, the Department of Insurance may promulgate rules and regulations to provide for civil fines payable by a health insurance issuer not to exceed five hundred dollars for each and every act of violation of the requirements of this Section, not to exceed an aggregate fine of fifty thousand dollars. For purposes of this Subsection, "act of violation" is limited to an intentional act or an act of gross negligence.
- E. The Department of Health and Hospitals may promulgate rules and regulations to provide for civil fines payable by a health care provider not to exceed five hundred dollars for each and every act of violation of the requirements of this Section, not to exceed an aggregate fine of fifty thousand dollars. For purposes of this Subsection, "act of violation" is limited to an intentional act or an act of gross negligence.
- F. A health insurance issuer that reports information received from a health care provider shall indemnify and hold the health care provider harmless for the nonintentional erroneous or incomplete information provided by the health care provider to the health insurance issuer under the provisions of this Section. A health care provider that provides information to a health insurance issuer under the provisions of this Section shall indemnify and hold the health insurance issuer harmless for nonintentional erroneous or incomplete information reported by the health insurance issuer under the provisions of this Section. The penalties under this Section shall be the exclusive remedy for any violations and there shall be no independent cause of action by any person based upon such violation or other information reported hereunder.
- G. The provisions of this Section shall apply to the Office of Group Benefits; however, the commissioner of insurance shall not be authorized to levy a fine against the Office of Group Benefits. If the commissioner of insurance concludes that the Office of Group Benefits has violated this Section, the commissioner of insurance shall notify the commissioner of administration in writing within sixty days of such violation.

Section 9. Severability

If any section, paragraph, sentence, clause, phrase, or any part of this Act passed is declared invalid, the remaining sections, paragraphs, sentences, clauses, phrases, or parts thereof shall be in no manner affected and shall remain in full force and effect.

Section 10. Effective Date

This Act shall take effect 12 months on ~~insert months~~ following enactment of the bill.

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- ¹ Texas Ins. Code Ann., § 1456.001
² Texas Ins. Code Ann., § 1456.002
³ Texas Health and Safety Code, § 324.101(a)(6) through (8)
⁴ Louisiana Rev. Stat., § 22: 1879 A(1)
⁵ Texas Ins. Code Ann., § 1456.004
⁶ Louisiana Rev. Stat., § 22: 1879 A(2)
⁷ Texas Ins. Code Ann., § 1456.003
⁸ Texas Ins. Code Ann., § 1456.006 (*Section 7B(2) only*)
⁹ Louisiana Rev. Stat., § 22: 1879 B and C
¹⁰ Texas Ins. Code Ann., §§ 843.201, 1301.158 (*Section 7E only*)
¹¹ Texas Ins. Code Ann., § 1456.005
¹² Louisiana Rev. Stat., § 22: 1879 D through G

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